



Sports Year Overview 2022-2023

TCS Lower School 2nd-5th

We are excited to announce a new league collaboration for lower school sports with other private schools in our area. This year we will offer league play in volleyball, soccer, flag football and basketball. Each sport is a 6 week season, first week is practice, 5 weeks of games ending with a tournament.

For TCS to move forward with teams in each of these sports we must have parent volunteers who are ready to join us as coaches. We would like to have two coaches for each team that is formed. Please prayerfully consider serving and if you are ready to coach please sign up when you register your child. You will be contacted with more information.

If you miss signing up there please stop by the sports table at Meet the Teacher!

Check out the below information, note volleyball in the fall is only open to 4th and 5th grade girls. Spring volleyball is open to 3rd and 4th grade girls.

FALL

- Volleyball / 4th & 5th grade girls
- August 22-October 1
- First week is practice Monday, Wednesday and Thursday 3:30-4:30pm (Days are Tentative)
- After the first week matches will be on Mondays and practice will be on Wednesdays.
- Game schedule is still to be determined. Wednesday practice times are 3:30-4:30pm.
- Tournament will be Saturday October 1.
- Teams will move forward if we can field a team and volunteer coaches are in place.
- Register online by clicking [Volleyball 4th/5th Fall Registration Form 22-23](#)
- Registration Deadline is August 12

Soccer / 2nd-5th

- October 10-November 11
- First week is practice. (Days are TBD)
- Game schedule and location is still to be determined.
- Practice is tentatively set for Wednesdays.
- Tournament TBD
- Soccer will have two division 2/3 and 4/5
- Teams will move forward if we can field a team and volunteer coaches are in place.
- Register online by clicking [Soccer 2nd-5th Registration 22-23](#)
- Registration Deadline is September 23.

WINTER

Flag Football / 2nd-5th

- January 23-March 4
- First week is practice. (Days are TBD)
- Games will be on Saturdays at rotating locations. Schedule and locations are still to be determined. Tournament TBD
- Practice is tentatively set for Wednesdays.
- Flag Football will have two division 2/3 and 4/5

- Teams will move forward if we can field a team and volunteer coaches are in place.
- Register online by clicking [2nd-5th Flag Football Registration Form 22-23](#)
- Registration Deadline is January 5.

SPRING

Basketball / 2nd- 5th

- March 6-April 22
- First week is practice. (Days are TBD)
- Games schedule and locations are still to be determined. Tournament date will be April 22
- Practice is tentatively set for Wednesdays.
- Teams will move forward if we can field a team and volunteer coaches are in place.
- Register online by clicking [2nd-5th Basketball Registration form 22-23](#)
- Registration Deadline is February 15.

Volleyball / 3rd & 4th

- Volleyball / 3rd & 4th grade girls
- March 20-April 28
- First two weeks are practice (Days are TBD)
- Game schedule is still to be determined.
- Teams will move forward if we can field a team and volunteer coaches are in place.
- Register online by clicking [Spring Volleyball 3rd/4th Registration 22-23](#)
- Registration Deadline is March 1

5th grade only:

Our 5th grade students have two options from our middle school sports.

Please note these are sports where your child will be competing with 6th-8th graders.

Because these are middle school sports you are required to have FHSAA paperwork along with the TCS Hold Harmless Waiver.

Cross Country / Boys & Girls 5th - 8th grade

- Practices will be Mondays and Thursdays starting August 15.
- The distance of each meet is 2 miles at the middle school level and ideally each runner should be able to complete a mile run in under 15 minutes.
- Meets are at Trinity Prep on August 30, September 6, 13, 20, 28
Championship Meet October 3
- Register online by clicking [MS Cross Country Registration 2022-23](#).
- Deadline is August 15.
- A fee of \$125 will be charged to your FACTS account.

Track & Field / Boys & Girls 5th - 8th Grade

- Season: January - March
- Register is online [MS Track Registration 2022-23](#)
- A fee of \$135 will be charged to your FACTS account.

5th-7th Grade Volleyball Clinic

- Season: April to May
- Register online [MS 5th-7th Volleyball Clinic Registration 22-23](#)
- A fee of \$90 will be charged to your FACTS account

5th-7th grade Basketball Clinic

- **Season: April to May**
- **Register online [MS 5th-7th Basketball Clinic Registration 22-23](#)**
- **A fee of \$90 will be charged to your FACTS account**

Athletics Checklist:

- **All students need to complete a TCS Waiver Release, Hold Harmless form.**
- **You can send those to me or return them to the office.**
- **All 5th grade students will need to complete an online registration for TCS clinics (basketball, volleyball).**
- **A one time yearly TCS athletic fee \$35 will be charged to your FACTS account for all students participating in athletics.**
- **Please email Gina Wiborg with any athletic questions at gwiborg@thechristschool.org**